

UPDATES

CBC WINS PRESTIGIOUS HERITAGE HEALTHCARE ORGANIZATIONAL LEADERSHIP AWARD

CBC won the prestigious Heritage Healthcare Organizational Leadership Award at the 3rd Annual Heritage Healthcare Innovation Awards sponsored on by Heritage Provider Network and Crain's New York Business. CBC was among an incredible group of honorees for this award, including Healthfirst, Mount Sinai Hospital System and Essen Health Care.



Pictured L to R: **Timothy C. Peck, MD**, CEO and Co-founder, Call9, **Matt Loper**, Co-founder and CEO, Wellth, **Jorge R. Petit, MD**, President and CEO, CBC and **David Sandman, PhD**, President and CEO, New York State Health Foundation

recognized as a transformative trend that will close gaps in services and increase access to high quality programs for all New Yorkers.

In accepting the award, Dr. Petit, highlighted the importance of not-for-profit, behavioral health organizations in being honored and stressed the importance of having a spotlight shine on the work that these organization's do day-in and day-out to care for New Yorkers with serious behavioral health conditions was especially gratifying. Check out the photo gallery and a video: www.craigslist.com/heritage



Pictured L to R: Tracie Jones (Senior Director, Quality Performance Management), Jorge R. Petit, MD (President & CEO) and Mark Graham (Vice President Program Services) from CBC

Founder and President / Board Member NEXT for AUTISM won the Advocacy Award.

Congratulations to all awardees!!



Lifetime Achievement Award, Tino Hernandez, President & CEO Samaritan Daytop Village



Community Services Award, Mitchell Netburn, President & CEO Project Renewal and Donna Colonna, CBC Board Chair and President & CEO SUS

The event was very well attended and there were some amazing honorees in the different categories. CBC had also been nominated but did not win the Heritage Innovation in Healthcare Delivery Award for our Pathway Home program.

This was an acknowledgment that CBC and the member agencies that make up the Health Home and the IPA are embarking on a transformative path. Being a clinically integrated delivery system that will be able to leverage the full array of community-based services and programs offered within our 50 network providers, whether they be health or behavioral or housing, was

[Mental Health News Education](#) hosted its [Annual Leadership Awards Reception](#) on Wednesday, May 16, 2018. CBC Board Members Tino Hernandez, President & CEO, [Samaritan Daytop Village](#) received the Lifetime Achievement and Mitchell Netburn, President & CEO, [Project Renewal](#), received the Community Service Award.

In addition, Jim Spink, President Tri-State/Mid Atlantic Region Beacon Health Options received the Leadership Award and Ilene Lainer and Michelle Smigel, Co-

CARE COORDINATION SERVICES UPDATES

Consents

Effective July 1, 2018, Health Homes will utilize updated consent forms that incorporate modifications from the AIDS Institute as well as the new OPWDD CCO/HH. Revised consent forms include the FAQ document, 5055, 5058, 5059, 5201, and 5202. All other forms were not updated or changed from the original versions posted. For members enrolled prior to July 1, 2018, CMAs must assure that

members complete and sign a revised consent form(s):

- For adults: Timeline for the update is by the member's next annual review, at minimum
- For children: Timeline for the update is by September 30, 2018

Patient Activation Measure (PAM) Research Study

CBC Health Home has been selected as the only Designated Lead to partner with the NYS Department of Health on a year-long (July 2018-June 2019) research study to determine whether patient activation and coaching programs can help improve performance measures for Health Home members with diabetes. Care management staff from **Catholic Charities, S:US, PCMH and Samaritan Daytop Village** will be trained by Insignia Health to administer the Patient Activation Measure and to utilize the coaching for activation techniques to provide suitable action steps to help improve members' self-management and activation.

Adult Comprehensive Assessment for Health Home Care Management

A new, updated version of the Adult Comprehensive Assessment is now available in CBC's HIT Platform, GSIHealth. New features include an emphasis on Social Determinants of Health and more person-centered language, adhering to our mission to approach Care Management services with a specialized emphasis on Social Determinants of Health to promote a healthier New York. The build out of the Adult Comprehensive Assessment was a collaborative effort across all NYS Designated Lead Health Homes, participating in the Coalition of NYS Health

Homes utilizing GSIHealth. Care management staff are encouraged to join the CBC's weekly GSI Refresher Training, Wednesdays from 9-10am for a high-level review of the new Comprehensive Assessment.

CBC INNOVATIVE PROGRAM UPDATES

Helping, Engaging, and Linking to Health Interventions (HEALTHi)

The CBC IPA awarded the SI PPS HEALTHi subcontract to [Project Hospitality](#). This new hot-spotting program officially launched in April 2018 with the list of 70 high utilizers of hospital systems. The goal of HEALTHi is to reduce avoidable ED/IP utilization and support community tenure and connection to care for sustained recovery. Of those 70 names, almost 30% have enrolled in the program, and of those, 30% have successfully engaged with primary care. The team social worker started in April and the RN, CASAC, and case manager are all starting end of June.

Bronx CTI and Bridge Home

CBC/[Project Renewal's contract with Bronx Partner for Healthy Communities \(BPHC\)](#) to provide Critical Time Intervention care transition services to homeless individuals transitioning from hospital care, has been extended for another year.

Initial results for the first year demonstrated a reduction in hospital utilization, increase in primary care and outpatient utilization, and increased access to housing and employment. The initial goal was a 25% reduction in hospital days measured by a 6 month pre- and post-intervention. The

impact was far greater than expected with a 62% reduction in hospital days for the cohort and a 57% reduction in inpatient admissions. The CBC/Project Renewal Bronx Pathway Home Team, had an even more extraordinary impact with an 85% reduction in inpatient and emergency utilization.

CBC's new Bridge Home program, also a partnership with BPHC and Project Renewal, is a 30-day care transition service designed to ensure individuals engage with outpatient providers within 7 days of hospital discharge. The team is fully staffed and started receiving referrals in May 2018.

Community Outreach for Recovery and Engagement (CORE)

The CBC IPA awarded the Mount Sinai PPS CORE subcontract to [The Bridge](#). This new hot-spotting program will provide outreach and engagement for high utilizers of emergency and inpatient behavioral services using a modified critical time intervention (CTI). The goal is to reduce avoidable ED/IP utilization, support community tenure and sustained recovery. The Bridge has a long history of providing BH services to patients of Mount Sinai, Beth Israel, and St. Luke's-Roosevelt Hospitals and has already been involved in other DSRIP activities with MS PPS

Staten Island Community At Risk Engagement Services (SI CARES)

DSRIP Year 4 kicked off on April 1st. Since then, the SI CARES network has provided services to over 600 Staten Island residents, reaching almost 100% of the quarterly target of 688. The program continues to have a positive impact on the lives of Staten Island residents and there has

been a marked reduction in hospital use by program participants.

IPA Networking Series - PROS

CBC had the pleasure of hosting its second IPA Networking Series, this session being focused on PROS. It was wonderful to have representation from a wide range of CBC's PROS providers and to have the opportunity to share news of the IPA and to create a forum for them to discuss and compare their programs and best practices.

PATHWAY HOME UPDATES

Pathway Home teams met the annual target enrollment for FY17-18 which is 300 newly enrolled individuals. Enrollment remained steady and in May, Pathway Home enrolled 55+ new individuals.

Over the last 2 years, attendance rates at initial behavioral health appointments were 93% and for annual physical were 82%. 94% of recipients did not have a psych or medical hospitalization episode during the 1st 30 days of enrollment in PH.



Success Story: Devin is a 27-year-old Caucasian male who was referred to Pathway

Home from NYP Second Chance. Devin has a history of substance use and carries a diagnosis of Schizophrenia. Following Devin's discharge from Second Chance, he moved into an apartment in Queens. At the time of discharge, Pathway Home supplied Devin with a temporary phone to remain in contact until he could set up a phone line with through his insurance. There were times when the team struggled to get a hold of Devin. Dustin, Devin's Peer Coordinator from Pathway Home, thought it beneficial to enroll Devin in WellPass™. This messaging platform enables client engagement through texting and since there were times when Devin was hesitant to answer the phone when Dustin

attempted to schedule visits. With the assistance of WellPass™, Dustin could send a text message inquiring about his ability to meet. Devin shared his needs with Dustin and communicate when he needed extra support. Pathway Home has since connected Devin to care coordination, outpatient mental health services, and is beginning to work on Devin's goal of joining a gym.

COMMUNITY HIGHLIGHTS

NAMI NYC Walk

CBC had a very successful NYC NAMI Walk this year. CBC surpassed its goal of \$2,000 for the NAMI Walks and with The Coalition for Behavioral Health as our partner, we raised a total of \$3,255!



Despite the downpour we had an amazing turn out and even the kids had a blast!! We are very proud of our staff's commitment and contribution to this amazing event and cause!



Mental Health Awareness Month

May was Mental Health Awareness Month, and this year, the American Foundation for Suicide Prevention focused their attention on having a #RealConvo about mental health. We've learned through a recent Harris Poll that 89 percent of people believe that mental health is just as important as physical health. Despite this, many people don't know how to have a conversation about it.



On Wednesday, May 16 – AFSP asked for help in sharing a picture on social media (Facebook, Twitter and Instagram) holding up a sign that says, "You Can Have a #RealConvo with Me." One of our Pathway Home Teams decided to join in this social media campaign and have committed to creating a team video as well.



OF INTEREST...

SAMHSA

Last month, the SAMHSA Center for Substance Abuse Treatment released a Request for Proposals (RFP) for the Targeted Capacity Expansion: Medication Assisted Treatment – Prescription Drug and Opioid Addiction program. Through this initiative, over \$65.5 million in total funding will be awarded over three years to eligible organizations who will expand or enhance access to medication assisted treatment (MAT) services for individuals with an opioid use disorder (OUD). The goals of the program are to:

- Increase the number of individuals with OUD receiving MAT; and
- Decrease illicit opioid drug use and/or prescription opioid misuse at six-month follow-up.

The full RFP is available [here](#). Applications are due on July 9th.

NYC DOHMH Buprenorphine Waiver Training

The NYC Department of Health and Mental Hygiene (DOHMH) is sponsoring a free Half-and-Half Buprenorphine Waiver Training in June.

Buprenorphine is an effective medication for treatment of opioid use disorder, and can be prescribed in office-based primary care settings. Any physician, nurse practitioner, or physician assistant can prescribe buprenorphine after obtaining a waiver. Physicians are required to complete an 8-hour training in order to apply for a waiver; nurse practitioners and physician assistants must take 24 hours of training (inclusive of the 8-hour training) in order to apply. This course fulfills the 8-hour training requirement. The half-and-half format will include approximately 4 hours of online training due prior to approximately 4 hours of in-person training.

In-person Trainings + Registration Information:

Wednesday June 27th 10:00am-3:30pm
NYC Health + Hospitals/Metropolitan
1901 First Avenue (at 97th Street) New York, NY 10029

6th Floor Auditorium

Registration deadline: Wednesday June 20th

To register please email:

buprenorphine@health.nyc.gov

In Defense of Women: Dismantling Race & Class

The Coalition of Social Workers for the Defense, in collaboration with The Legal Aid Society, Federal Defenders of New York and Columbia School of Social Work presents:

In Defense of Women: Dismantling Race & Class will provide a broad introduction to the impact of various legal systems on women, in particular, women of color. This training is recommended for new social workers, social workers new to the field of defense-based social work, as well as experienced social workers interested in learning more about the role of social work in defense-based settings and gaining skills for working with women impacted by various legal systems.

A one day conference to be held on Wednesday, June 13, 2018, 10am-4pm

Location: United States District Courthouse-Eastern District of New York
225 Cadman Plaza East

Brooklyn, NY 11201

To register:

<http://www.eventbrite.com/e/in-defense-of-womn-dismantling-race-and-class-tickets-46163204387>

There is no fee to attend this event or to receive Continuing Education hours and certificate. NYS CE hours provided by The Legal Aid Society.

UPCOMING TRAININGS

CEU's AVAILABLE

Registration is now open for Spring 2018 CBC's HHSC Trauma Focused Training Series. CEUs will be given after full completion of each course.

Facilitator: Mary Dino, LCSW-R
Location: 123 William Street 19th Floor,
New York, NY 10038

TRAUMA INFORMED CARE

TOPIC: CARING FOR CLIENTS

Session: June 26, 2018 at 9:30am-1pm

Hosted by NYU Child Study Center
One Park Avenue, 7th Floor New York

TRAUMA INFORMED CARE:

TOPIC: UNDERSTANDING COMPLEX TRAUMA

Session: June 28, 2018 at 9:30AM-1PM

To Register for the above:

Email Janelle Chambers (jchambers@cbc.org)

CBC HH VALUE-ADD PRESENTATIONS

Completed via WebEx

Trauma-Informed Care for Justice-Involved individuals - June 8, 2018

Email invite to Follow

CBC HEALTH HOME FEATURED JUNE EVENTS

Tuesday June 19th, 2018 -2pm-4pm

BTQ Information Session

123 William Street, 19th Floor. Registration Required

Wednesday June 27, 2018 - 10am-1pm

CBC HH Is Hosting A Joint HHSC & Project Connect Provider Meeting

HHSC Juvenile Justice: Fundamental Building
Blocks & Community Partnership
123 William Street, 19th Floor

Check out our monthly Health Home Awareness Bulletins. Written in layman’s terms with care management considerations for each topic, these newsletters can be printed and shared with members directly: **LGBTQ PRIDE MONTH SPOTLIGHT**

CHILDREN AND FAMILY TREATMENT AND SUPPORT SERVICES UPDATE

The New York State Department of Health has submitted a revised 1115 Waiver Amendment and draft Final Transition Plan reflecting new implementation timelines to the Centers for Medicare and Medicaid Services on May 1st. Major components of the updated timeline include:

- July 31, 2018: Voluntary foster care agency (VFCA) applications for Article 29i licenses due;
- October 1, 2018: Current 1915(c) care managers transition to Health Home Care Management;
- January 1, 2019: VFCAs licensed and start contracting with

managed care organizations, 1915(c) waiver authorities are merged into 1115 waiver, HCBS moves to managed care benefit, and three State Plan services launch (Other Licensed Practitioner, Psychosocial Rehabilitation, and Community Psychiatric Treatment and Supports);

- July 1, 2019: Family Peer Support Services launches;
- January 1, 2020: Youth Peer Support & Training and Crisis Intervention launch.

UPCOMING COMMITTEE MEETINGS

QUALITY OVERSIGHT (QOC)

July 5, 2018 | 9:30–11AM

Chair: Jorge R Petit, MD

CBC CEO/Medical Director

CLINICAL INTEGRATION MEETING (CIC)

July 9, 2018 | 10–11:30AM

Chair: Ericker Philips—Onaga, LMSW

Chief Program Officer, Project Hospitality

CONSUMER ADVISORY COMMITTEE (CAC)

July 11, 2018 | 11:30AM–1PM

Chair: Mark Graham, LCSW

CBC VP, Program Services

WHY WE DO WHAT WE DO...

SI CARES health coach AR, from [Project Hospitality](#), recently worked with Mr. D, enrolling him in November of 2017 through her own engagement and outreach efforts. Mr. D is an 18-year-old living with relatives while dealing with many challenging issues. When health coach AR first met Mr. D he was in a wheelchair that had no brakes or any bracket for support. This was important because he was in the wheelchair as a result of car accident that injured his foot. When AR came to Mr. D’s home to enroll in the SI CARES program, she immediately realized that he was dealing with housing instability. First, Mr. D did not have a bed to sleep on and was sleeping in his wheelchair in his mother’s living room. Next, Mr. D disclosed that he didn’t have funds to buy food regularly. AR dropped off food the next day for him and his mother and also coordinated with the Project Hospitality food pantry to get a food delivery in place. Her next step was to collaborate with the Salvation Army to get Mr. D a bed and a mattress. The Salvation Army charged \$20 for the delivery of the bed, mattress, and box spring, and the cost was covered by SI CARES support funds. Lastly, AR searched social media platforms to find a wheelchair and through her efforts, she was able to secure a functioning wheel chair. As part of their work together, AR also helped Mr. D apply for entitlements and benefits from HRA and social security. Initially, AR accompanied Mr. D to the social security office but now through role modeling he is empowered and taking care of the social security application process on his own. Mr. D is also going to his doctor and receiving other medical care through the support of his health coach.