



Award-Winning Pathway Home™ Expands To Serve Individuals Transitioning to the Community from Rehab and Detox

New York, NY (September 18, 2019) - Coordinated Behavioral Care (CBC), in collaboration with the Office of Alcohol and Substance Abuse Services (OASAS), will provide Pathway Home™ (PH) care transition services for individuals transitioning into the community from NYC inpatient detoxification and rehabilitation settings. The services will include an enhanced array of high touch, intensive care transition/care management services to increase access to Medication Assisted Treatment (MAT) and reduce overdose death through prevention, treatment and recovery activities. Pathway Home™, an award-winning, multi-disciplinary care transitions model, adapted from Critical Time Intervention (CTI), an evidenced-based intervention, provides intensive services during the critical time of community transition. The PH intervention lasts for up to nine (9) months in the community, as individuals become actively engaged with community support services like MAT, social supports, and physical healthcare. The PH team addresses a host of biopsychosocial needs related to community integration and achieving recovery. This includes immediate needs, linking to community services, accompanying to initial appointments, and resolving the barriers and challenges that may arise during a transition to community care.

CBC is partnering with S:US, a CBC IPA member agency, for the care delivery and will utilize the wider CBC IPA Network to ensure access to programs and successful outcomes.

"We are proud to partner with CBC to offer Pathway Home transitional services for individuals suffering from opioid use disorder," said New York State Office of Alcoholism and Substance Abuse Services Commissioner, Arlene Gonzalez-Sanchez. "This program will ensure that individuals have a place in their community to continue with their treatment and ultimately help reduce overdoses and improve recovery outcomes."

CBC Chairwoman and S:US's CEO and President, Donna Colonna, said, "This enhanced offering is so important and based on our prior Pathway Home™ outcomes will really make an impact and improve outcomes for individuals with substance use disorders."

Historically, these individuals have had difficulty connecting to community treatment services and have not received necessary support around the emotional stress related to returning to community living.

"Too often, these individuals often find themselves readmitted shortly after their discharge as their needs have not been sufficiently met in the community," said CBC CEO Jorge Petit, MD, "Pathway Home is breaking this cycle with our innovative service offering that provides intensive, person-centered, high touch care transition services to individuals returning back to their communities. We are delighted that we can offer this level of support to individuals rebuilding their lives after receiving rehabilitative care for opioid use and other substance use disorders."

Recent data analysis of outcome measures has shown that individuals successfully graduated from Pathway Home™ have higher rates of attendance at behavioral health and physical health follow-up care appointments as well as a significant decrease in inpatient days during enrollment with sustained effect after discharge. The goal is to replicate these outcomes with the new OASAS CBC PH team enhancement to make an impact on the lives of those recovering from opioid use and other substance use.

About CBC: CBC is a results-driven healthcare organization dedicated to improving the quality of care for Medicaid beneficiaries with serious mental illness, chronic health conditions and/or substance use disorders. CBC seeks to create a healthcare environment where New Yorkers—especially those most impacted by social determinants of health—receive coordinated, individualized and culturally competent care that is effective in preventing and managing chronic physical and behavioral health conditions. We help New Yorkers live long, healthy and fulfilling lives. CBC was launched in 2011 by innovative NYC not-for-profit behavioral health organizations in order to meaningfully participate in NYS's Medicaid redesign and Value Based Purchasing initiatives. In the following years CBC developed a citywide Health Home, which is currently one of the largest of its type in NYC. CBC has launched effective gap-filling service programs for low-income New Yorkers that build on the expertise of its community-based service network. CBC “knits together” affiliated programs to holistically address individuals’ treatment and recovery needs, while assessing community deficiencies and connecting individuals to needed support.

About S:US: Founded in 1978, Services for the UnderServed (S:US) is one of the largest community-based health and human services providers in New York, with 2,400 staff serving 35,000 people annually. Our mission is to drive scalable solutions to transform the lives of people with disabilities, people in poverty and people facing homelessness: solutions that contribute to righting societal imbalances. The people who come to us for services have dealt with very complex and challenging life circumstances: people who have lost their homes; people living in poverty; veterans who are challenged by homelessness, depression, and unemployment; women and children who have experienced domestic violence; people with autism and other intellectual/developmental disabilities; and people living with HIV/AIDS. S:US is a leader in developing innovative approaches to serving individuals with behavioral health challenges. For over 15 years, S:US successfully provides in-community behavioral health services and care coordination in a range of modalities throughout New York City. These programs, like ACT teams, were created to meet gaps in care and better serve individuals whom traditional treatment approaches did not work. In recent years, S:US has partnered with OASAS to take on the opioid epidemic through targeted community-based interventions.

About NYS OASAS: The New York State Office of Alcoholism and Substance Abuse Services (OASAS) oversees one of the nation’s largest addiction services systems with approximately 1,600 prevention, treatment and recovery programs. OASAS chemical dependence treatment programs have an average daily enrollment of nearly 100,000 people and serve approximately 234,000 individuals every year. New Yorkers struggling with an addiction, or whose loved ones are struggling, can find help and hope by calling the state’s toll-free, 24-hour, 7-day-a-week HOPEline at 1-877-8-HOPENY ([1-877-846-7369](tel:1-877-846-7369)) or by texting HOPENY (Short Code 467369).

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