

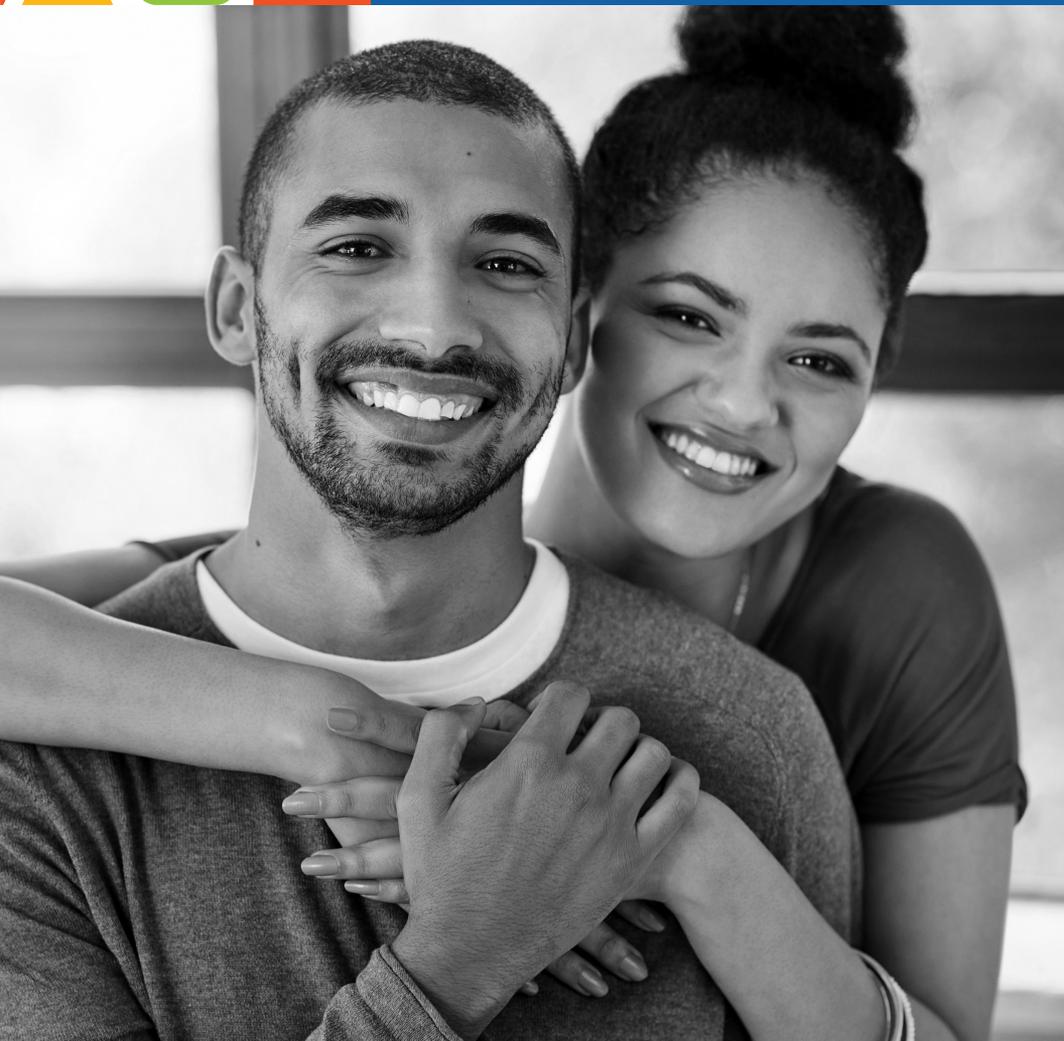


# Samaritan Daytop Village

WHERE GOOD LIVES™

**START™**

(Substance Use Therapy and  
Recovery Treatment)



# START™ (Substance Use Therapy and Recovery Treatment)

Samaritan Daytop Village offers Healthfirst® members struggling with substance use disorder<sup>1</sup> a novel outpatient treatment service called START™ (Substance Use Therapy and Recovery Treatment), developed in collaboration with Coordinated Behavioral Care (CBC).

START offers Healthfirst members compassionate and comprehensive care at Samaritan Daytop Village's Jamaica Outpatient Treatment Program in Queens. The program includes ambulatory detoxification services, Medication Assisted Treatment, outpatient rehabilitation services and ongoing recovery treatment to address individualized needs during each phase of the recovery process.

The START treatment team combines the expertise of both a physician and therapist with the support of a Certified Peer Specialist. Clients feel empowered to stay in school, work at their jobs, and live at home while being supported through a progressive, outpatient continuum of care.

## Enhanced Level of Services

START provides enhanced services to Healthfirst members such as free car service to weekday appointments as well as the following:

- A comprehensive assessment and evaluation
- Personalized level of support to help manage cravings
- Medication to alleviate the symptoms of withdrawal and cravings

- One-on-one peer support
- Clinical, psychological, nutritional and health services
- Access to creative art therapists and vocational training experts
- Individualized attention from social work and other healthcare practitioners

START offers an array of services that help improve clients' success rates. Staff members help individuals navigate the treatment process and, using the latest scientific advances, minimize the physical and psychological effects of withdrawal and cravings. In addition, clients receive regular wellness checks, including nightly phone calls to obtain progress updates and confirm next-day appointments.

Individuals enrolled in START are partnered with a Certified Peer Specialist who accompany clients to and from appointments and stays connected throughout treatment. Continuing that momentum, the Peer becomes an ongoing resource for support and inspiration during the recovery process.

START lays the groundwork for recovery to ensure clients achieve a balanced life and healthy, supportive relationships. Clients engage in health and wellness programs, vocational activities and services to help them with community integration. Once treatment is completed, clients enjoy a host of post-treatment services offered through Samaritan Daytop Village's Recovery Services Division.

<sup>1</sup> START is offered to Healthfirst members who are struggling with opiates, stimulants, benzodiazepines, alcohol or cocaine.



## START™: An Overview

Located at our Jamaica Outpatient Treatment Program, Healthfirst members receive:

- Medical and Clinical Treatment
  - Medication-assisted treatment
  - Daily medication for safe management of withdrawal symptoms and cravings
  - Emergency care, if needed
  - Psychiatric services
  - Psychotropic medication management, if required
  - Clinical interventions
  - Individual and group therapy sessions
- Personal Development
  - Health and wellness services
  - Nutrition, psychological and social work services
  - Creative and art therapy
  - Vocational support and training
- Enhanced Service Offerings
  - Transportation to and from appointments, if needed
  - One-to-one support from a Certified Peer Specialist
  - Nightly check-ins by phone
- Post-Treatment Resources (During Recovery)
  - Continued assistance from a Certified Peer Specialist
  - Access to Samaritan Daytop Village's Recovery Services support network

**To refer a Healthfirst member to Samaritan Daytop Village's START Program, call us at 718-487-5900 or email [START@samaritanvillage.org](mailto:START@samaritanvillage.org).**

# WHERE GOOD LIVES™

## Every day good wakes up and rolls up its sleeves at Samaritan Daytop Village.

**For more than 50 years, Samaritan Daytop Village has been improving the quality of life for New Yorkers facing adversity.**

We are nationally recognized for our treatment of substance use disorder as well as for the veteran-specific approach we pioneered. Our continuum of services also includes health and mental health

care, transitional and supportive housing, educational and vocational assistance, peer-assisted recovery, and specialized programs for adolescents, families and seniors.

Annually, Samaritan Daytop Village serves over 33,000 people at more than 50 facilities throughout New York City, Long Island and upstate New York, and we continue to grow. With our dedicated staff and partners in the community, we find the Good within the people we serve.

## Service Location and Contact Info

### **Samaritan Daytop Village START™**

Jamaica Outpatient Treatment Program  
144-10 Jamaica Avenue  
Jamaica, NY 11435  
Phone: 718-206-1990



**Samaritan  
Daytop  
Village**

WHERE GOOD LIVES™

Samaritan Daytop Village  
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[www.samaritanvillage.org](http://www.samaritanvillage.org)



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